The logo of the Western Region School Sports (WRSS) is located on the left side of the slide. It features a stylized blue bird or wing shape with red and yellow accents, set against a yellow circular background. The letters 'WRSS' are written in blue at the bottom of the logo.

Introduction to Positive Parenting Programme (PPP) & Parent Support Group

Jasmine Peh

PPP Coordinator from Care Corner

Mr Felix Yeoh

Subject Head / Partnerships

Care Corner Family Support Services

Families for Life @ Community



Quiz Question 1

How many decisions does a person make each day?

- a) 35
- b) 350
- c) 3,500
- d) 35,000

Quiz Question 1

How many decisions does a person make each day?

- a) 35
- b) 350
- c) 3,500
- d) 35,000

Quiz Question 2

What is the average amount of time Singaporeans spend on their mobile phones daily?

- a) 45 minutes
- b) 1.5 hours
- c) 5 hours
- d) 6.5 hours

Quiz Question 2

What is the average amount of time Singaporeans spend on their mobile phones daily?

- a) 45 minutes
- b) 1.5 hours
- c) 5 hours
- d) 6.5 hours

Quiz Question 3

Research has shown that praising a child at least ____ times a day leads to better behaviours and less inattentiveness than those who are not.

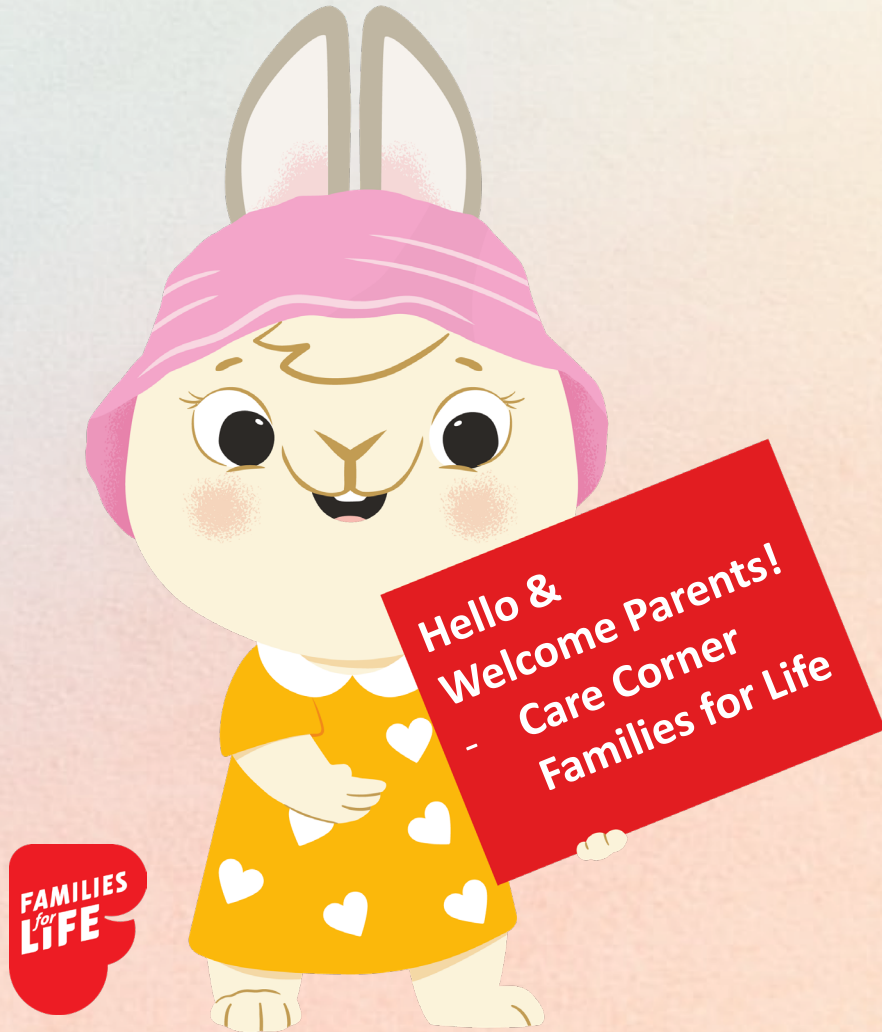
- a) 2
- b) 3
- c) 4
- d) 5

Quiz Question 3

Research has shown that praising a child at least ____ times a day leads to better behaviours and less inattentiveness than those who are not.

- a) 2
- b) 3
- c) 4
- d) 5

About Us



BECKY BUNNY
Families for Life's Mascot

Parenting Support Partnership

We are the appointed Parenting Support Provider by Ministry of Social and Family Development (MSF). We work closely with schools to support parents.

Strengthening Families Together

Our goal is to help parents confidently support your children, build strong family bonds, and promote healthy child development.



Overview of FFL Programmes

Parenting Programmes

Online

On-site

Seminars & Talks

One-to-One

Small Group

Topical Talks

Triple P

Signposts

Why Does Transition Matter?

Significant Milestone

Transitioning to Secondary 1 is a key developmental stage for children and families.

Challenges of Changes

New routines and expectations may cause anxiety and stress for children adjusting to school.

Parent Support Role

Parents can ease transition by offering empathy, guidance, and proactive support.





Ready Together for Sec 1: Confident Parenting with Positive Strategies

Exclusive for Parents of Secondary 1 Child
Studying/Staying in Woodlands/ Sembawang

Join us to

- ✓ See Your Teen's Perspective
 - ✓ Understand their world and emotions
- ✓ Co-create responsibility
 - ✓ Share ownership of routines and choices
- ✓ Coach Self- Discipline & Problem Solving
 - ✓ Guide them to manage challenges
- ✓ Help Build Connections with Family and Friends
 - ✓ Create lasting bonds with family and friends

FREE!
PARENTING
TALK

PARENTING
SEMINARS



Session 1

Date: 24 Jan 2026

Time: 9am to 11.30am

Session 2

Date: 27 Jan 2026

Time: 7.30pm to 9.30pm



Conducted virtually
via zoom

SCAN ME!



Triple P Seminars: Ready for Sec 1 [Online]

Parent Testimonials

'Learned a couple of practical tips regarding relations with my teen, as well as what to expect as they grow.

'Understand further on how to deal with my child during this transition period from primary to secondary in building their commitment, set a screening time, encourage open communication, build their confident. Meanwhile, encourage them to keeping in touch with their primary mate, teachers or childcare friends

The program provided **helpful information and tips** in dealing with and creating a **healthy relationship** with my teenager son



PARENTING CLINIC – ONE TO ONE CONSULTATION

LINK TO VIDEO



SIGN UP HERE

PARENTING CLINIC – ONE TO ONE CONSULTATION



- **Free Personalized Support**
 - Parents receive free, customized guidance from certified trainers to address specific parenting concerns.
- **Practical and Immediate Strategies**
 - Sessions provide actionable strategies that parents can apply immediately to improve daily family life.
- **Interactive and Supportive Environment**
 - The program encourages questions and real-time feedback, fostering confidence and empowerment.
- **Addressing Diverse Parenting Challenges**
 - Supports help manage issues like emotional regulation and homework struggles, reducing stress.

SIGN UP





We look forward to support you
in your parenting journey!



BECKY BUNNY
Families for Life's Mascot



Contact Us

Address:

Family Support Services
Blk 786B Woodlands Dr. 60
#01-79 Singapore 732786

Tel: 6978 4090

Email: ffl@carecorner.org.sg



Care to every corner in Singapore

www.carecorner.org.sg

  @carecornersg

WRSS Parent Support Group (PSG)

Partnering parents to

- 1) Enhance home and school partnerships
- 2) Support students' holistic development



Strengthening Home and School Partnership



Spreading festive cheers to the neighbours during Chinese New Year.

Support students' holistic development



WRS
PSG
Support and Inspire

PARENT SUPPORT GROUP ACTIVITIES

WELCOME NEW
PSG PARENTS



COMMUNITY
MORNING/LOHEI



WEEK X/
SPORT DAY



RACIAL
HARMONY WEEK



NATIONAL DAY
/TASAD



MID AUTUMN/
MOON CAKE MAKING



YEAR END GET

Visit us at our booth at
the back of the hall

JOIN US!

WOODLANDS R SECONDARY SCHOOL PARENT SUPPORT GROUP



OUR VISION

Together we build a BETT
school.

OUR MISSION

SUPPORTING as partners
education and **INSPIRING**
parents.

Being part of the WRS
is a wonderful opportunity
for you:

► To be involved with your school



Join Us! **Parent Support Group (PSG)**

A team of dedicated parents supporting each other in nurturing their children. Network, share and learn with fellow parents by involving yourself in initiatives such as Parenting Workshops and Career Talks for P5 and P6 students.

